## ANGER MANAGEMENT 818 PROGRAM POLICY

By participating in Anger Management 818 program, group members are expected to follow the acceptable policy terms described herein. Please note that Anger Management 818 may, in its sole discretion, with or without notice, terminate participant's continuation of the program.

## Policy for ALL participants of Anger Management 818

- 1. Participants must pay at the time of service.
- 2. Participants agree to the confidentiality policy of Anger Management 818 and are prohibited to share personal information of other members outside class sessions.
- 3. Anger Management 818 facilitators will **only** release information if there is a signed consent from the client authorizing information exchange.
- 4. Participants are not to display any behavior that disrupts or distracts from the group process. This includes, but is not limited to the following: eating and/or drinking during group process; sleeping and inattentiveness; use of cellular phones, ipods, or other communication devices.
- 5. Participants are to attend sessions substance-free at all times. If the facilitator suspects that participant is under the influence of a substance, they reserve the right to dismiss participant from group.
- 6. Upon request, the participant shall have the right to review his/her case file with the program director or group facilitator.
- 7. Partners, friends, and family members **cannot** be in the same anger management class together. There are many reasons for this policy. Anyone who has a close relationship with a group participant may, however, attend other anger management classes throughout our program. Anger Management 818 currently offers over 12 anger management classes weekly, so there are many options.
- 8. Children and guests are not permitted to attend group with participant.
- 9. Participants of Anger Management 818 are to have no personal relationships with other participants outside of group.
- 10. If a participant threatens to do harm or kill another person, they will be reported immediately to law enforcement and referring courts. The foreseeable victim(s) will also be warned at that time. Additionally, if the participant threatens to harm himself or herself, the appropriate agency will be notified for their protection.
- 11. Racial or discriminative comments will NOT be accepted and will result in termination from the program.
- 12. Appropriate attire is enforced in class sessions; no sexual attire will be allowed. If questionable attire is worn in class, or obvious policy violation occurs, the facilitator/supervisor will hold a personal, private discussion with the participant to advise them regarding the inappropriateness of the attire and/or will not be permitted to participate in class session.
- 13. Anger Management 818 is not liable for any lost or stolen items. Participants will be responsible for their own personal property brought with them to class.

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14. Participants are to arrive on time and remain for the entire session. Any client arriving **more than** 5 minutes late will not be allowed to attend class session.

## Policy for court-ordered / work-mandated participants of Anger Management 818

- 1. Participants who need a progress report and/or are interested in accelerated classes (more than one class per week) need to be aware of the following:
  - a. Participants are required to provide a copy of the court minutes at the time of intake. Participants will **NOT** be given a progress report without proof of court minutes, however, a proof of enrollment can be provided.
  - b. Anger Management 818 will need a signed consent from the participant authorizing facilitator to obtain information from the courts.
  - c. Anger Management 818 will contact the courts and/or attorneys to confirm and receive approval for taking more than one class per week. Accelerated classes are **only** available for participants who have been granted eligibility by the courts.
  - d. Participants must give a <u>one week notice</u> to the facilitators when requesting a progress report. Please note that participant's file may be in another location if they attend groups at different locations. Participant must go to the location where their file is at, when receiving a progress report. If unsure of the location, please ask your facilitator.
- 2. Participants will be reported immediately if they defame abuse, harass, threaten or otherwise violate the rights of other members.
- 3. Violence, threats and foul language will not be tolerated at Anger Management 818 and will be reported to the courts/workplace immediately.
- 4. Anger Management 818 shall notify the Court monitoring agency, in writing, within 30 days of a client failing to complete the program, performing unsatisfactorily, or not participating and benefiting from the educational or anger management program.
- 5. Anger Management 818 shall provide an "Attendance Alert" to notify the court/probation officer / monitoring agency/ workplace when a client has accumulated six (6) absences. Comments on the report form should include Anger Management 818's willingness to continue working with the defendant. Termination of the program can occur if more than 6 sessions are missed in the program.
- 6. Participants can have facilitators sign each time they come to class to ensure the class attendance is accurate.